## Welcome to

## **Erasmus University Rotterdam!**

International Student Handbook 2019 edition





# The Rector Magnificus welcomes you!



Prof. Rutger Engels

#### Dear student,

Welcome! As a foreign student, you have made one of the most exciting decisions in your life: leaving your country to study at Erasmus University Rotterdam (EUR). We consider it an honour that you have chosen us to be your partner in laying the foundation of your career. Erasmus University is firmly rooted in Rotterdam and its region. As one of the biggest ports in the world, Rotterdam has a strong international flavour, counting 173 different nationalities.

By choosing our university, you have made the decision to come to Rotterdam and to live in the Netherlands. An educational adventure in itself! My advice: work and study hard, but enjoy your stay in the Netherlands to the fullest. Take the time to experience the city and the Netherlands. They have so much to offer! Any adventure has its challenges. So does studying and living in the Netherlands. A new culture with new customs, a new language, red tape, groceries with strange names, health care, public transport, biking ...

To help you prepare for this journey, we have compiled relevant information about living and studying in Rotterdam, as well as useful information about the Netherlands. In this handbook, you will find everything: from travelling information to information on orientation programmes at the university. We hope that this handbook will help you prepare your stay and will help you find your way around Rotterdam once you have arrived.

You as an international student add a new dimension to our academic community, further enhancing our international reputation. I sincerely look forward to welcoming you at Erasmus University Rotterdam. I wish you a successful stay at our university and a wonderful time in Rotterdam and the Netherlands. Make it happen.

Best regards, **Prof. Rutger Engels,**Rector Magnificus Erasmus University Rotterdam

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## Pre-departure information



"To be entirely honest, the only thing I knew about the Netherlands before applying to Erasmus University was that it's known for cheese and stroopwafels. Looking back now though, some of these difficult moments have turned into some pretty funny stories and lessons."

**Sydni** American, master student



#### **Accommodation**

Student housing in the Netherlands is not arranged by the university. Finding a room is your own responsibility and can be really challenging sometimes. We therefore advise you to start your search for accommodation as soon as possible, at least three months before you arrive. There are some reserved rooms for 25% of our yearly incoming internationals, but since the amount of reserved rooms is scarce, experience learns that by the end of May, there is no reserved accomodation left. Visit <a href="https://www.housing.eur.nl">www.housing.eur.nl</a> to find more information about accommodation providers, Rotterdam's neighbourhoods, etc. and start your search now.

#### Main accommodation options

Reserved short stay accommodation: SSH and Xior

Erasmus University Rotterdam has reserved almost 800 fully furnished rooms at Rotterdam's largest provider of student housing, SSH, which can be rented for 12 months or less. The rooms are located on the Woudestein campus or very close to this campus. The monthly rent for most rooms is between €435 and €680 including services.

In 2015 Xior Student Housing build a brand new student building on the corner of the campus. We have reserved 259 studio apartments for our International students. All the rooms are fully furnished and you will have your own kitchen and bathroom.

Note that all reserved accommodation has a fixed rental period of 1 year. If you plan on studying for more then 1 year in Rotterdam, you have to start looking out for future residence during your stay.

#### Fizz Cobana

Lastly, on a 20 minutes cycling distance from campus, the EUR has 20 Friends apartments reserved that allow for the accommodation of 44 students. For 665 or 742 euro, you can rent a fully furnished apartment sharing facilities with either 1 or 2 fellow students.

#### HousingAnywhere

This online housing platform lists the rooms of Dutch students who are temporarily going abroad for their study. This platform contains a safe transaction system and landlords are always verifiedThe rooms are located all over Rotterdam and are often furnished. The monthly rent for most rooms is between €300 and €800.

#### Private market

agencies on our website.

international students, a number of you will have to look for a room on the private market. There are several online platform connecting students and accommodation providers. The rooms are situated all over Rotterdam and the monthly rent varies from  $\leq 325$  to  $\leq 1.000$ . You can find more

Since we are unable to offer rooms to all of our new

#### Temporary accommodation: Stayokay and other hostels

If, for any reason, you cannot move into your accommodation when you first arrive in Rotterdam, or if you have not arranged any accommodation in advance, you can easily book a room in a hostel. Stayokay offers a long stay special for 1 week, 2 weeks or 4 weeks. You can find more information on their website. Other possibilities are ROOM Rotterdam, King Kong Hostel en Hostel Ani & Haakien.

#### **Erasmus University College students**

For new full degree students of Erasmus University College (EUC), you do not need to arrange housing as EUC has arranged housing for you. It is a requirement for first year students of EUC to live in the newly renovated residence in the city centre for the full duration of their first year (12 months). Every student has their own room, bathroom and kitchenette and has access to several common rooms and an outside terrace. After the first year, EUC students will have to be on the lookout for their own accommodation. www.eur.nl/en/euc/campus/housing

#### Housing allowance

Depending on your income and housing situation, you might be eligible for housing allowance. Housing allowance is a compensation given by the Dutch government to people who have a low income and a relatively high cost of rent. One of the conditions for the housing allowance is that you live in an independent unit. Students with a short stay housing (at SSH or Xior) contract for a year or less are not eligible for the housing allowance. Contact the Dutch Tax Authorities (Belastingdienst) for more information: <a href="https://www.belastingdienst.nl/wps/wcm/connect/bldcontenten/standaard\_functies/individuals/contact.">www.belastingdienst.nl/wps/wcm/connect/bldcontenten/standaard\_functies/individuals/contact.</a>

#### **Immigration procedures**

Most international students from outside the EU/EEA who plan to study in the Netherlands for more than 90 days need to apply for an entry visa and/or a Dutch residence permit.

To find out if you need an entry visa and/or a residence permit, check our website.

If you need an entry visa and/or residence permit, Erasmus University Rotterdam will start the application procedure on your behalf. You will receive detailed information after you have been admitted to the programme of your choice. A number of supporting documents are required for the application:

- Proof of sufficient financial means (meaning: a bank transfer);
- Copy of a valid passport;
- Copy of your residence permit or visa (if you are currently living in another EU country).
- More information: www.eur.nl/immigration.

## Pick up residence permit, tuberculosis check

If you need a residence permit to study in the Netherlands, the application procedure must be started before your arrival in the Netherlands. The Immigration and Naturalisation Service (IND) needs your biometrics for issuing your residence permit. Your fingerprints will be scanned at the Dutch embassy or consulate in your home country (if you need an entry visa), or at the IND office in Rotterdam upon your arrival (if you do not need an entry visa). When your residence permit card is ready, Erasmus University Rotterdam will inform you about when and where you can pick it up.

Depending on your nationality, you might have to have a free-of-charge tuberculosis check when you arrive in the Netherlands. You need to make an appointment in advance. More information: www.eur.nl/immigration.



"I have never been to the Netherlands before. Quite frankly I had to check where even Rotterdam was on the map. Finding a place to live took months. And then I packed. I had no idea what I was getting myself into. But I knew I wanted it. Yes, I know it sounds corny. But I really did. And I'm going to give a grand statement here as an explanation, so hold your breath: because the only program in the whole of Europe – yes, the whole of Europe – that combined all my interest was the MA of Arts, Culture and Society at the Erasmus University of Rotterdam."

**Zsuzsi** Hungarian/American, master student

#### **Insurance**

You are by law obliged to be properly insured for medical expenses during your time in the Netherlands. In addition, we strongly recommend you to get insured against third party liabilities, and - if you will be living in student accommodation, it is also a good idea to have fire and furnishings insurance. Erasmus University Rotterdam strongly recommends an AON insurance.

#### **AON Insurance**

AON Complete + provides a complete and affordable insurance package for students staying in the Netherlands. The package includes all necessary – and mandatory – insurances required for an educational related stay in the Netherlands. Exclusive is the premise that AON covers costs for pre-existing medical and psychological conditions. The insurance premium is calculated per day, there are no set-up costs, administrative fees or any other charges. Visit the website.

## Does your own insurance cover your stay in the Netherlands?

If you already have insurances, please check whether they cover the complete period of your stay abroad, and what type of coverage they consists of. In our experience most foreign insurances do not sufficiently cover medical expenses in the Netherlands (e.g. due to the relatively high costs for medical care in the Netherlands), and an extra insurance package is required. Consult the website of Study in Holland or contact the Zorgverzekeringslijn to find English information applicable to your situation.

You also need to keep in mind that if you use medical services with a non-Dutch insurance card or certificate, you will most likely be asked to pay all the costs in advance, and arrange the refund with your insurance provider yourself. Therefore, we advise you to contact AON insurance for advice on which insurance package is appropriate in your situation.

#### Types of health insurances

#### Private healthcare insurance

Private healthcare will most likely suffice for you if you do not have a (part time) job. If you have an internship that pays you more than Dutch minimum wage, you will have to change to a basic health insurance.

#### European Health Insurance Card (EHIC)

(Please note: EHIC is not a regular health insurance) If you are a citizen from the European Union, Iceland, Liechtenstein, Norway or Switzerland, you can apply for a European Health Insurance Card (EHIC). You can obtain the European Health Insurance Card free-of-charge by contacting your local health authority. EHIC will cover only the most basic and emergency healthcare costs. Please note that an additional insurance package might be necessary for adequate coverage for medical expenses in the Netherlands!

#### Basic health insurance (Basisverzekering)

From the moment you start a (part time) job or an internship that pays you more than the minimum wage you will have to take out basic healthcare insurance even if another health insurance provider covers you.

#### Healthcare allowance

Only if you have a basic healthcare insurance, you might be eligible for a healthcare allowance. This is a monthly payment from the Dutch government to support citizens, who have a low income, with paying their monthly healthcare insurance fee. In order to be entitled to healthcare allowance your income should meet the following requirements:

- 1. Do you live alone? Then your income may not be higher than €29.562 per year.
- 2. Do you live with your partner? Then your combined income may not be higher than €37.885 per year.

You are only eligible if you have a part-time job which provides you with a salary next to your studies. If you are in the Netherlands solely for study purposes, you are not eligible to receive healthcare allowance.

Contact the Dutch Tax Authorities (Belastingdienst) for more information: <a href="www.belastingdienst.nl/wps/wcm\_connect/bldcontenten/standaard\_functies/individuals\_contact">www.belastingdienst.nl/wps/wcm\_connect/bldcontenten/standaard\_functies/individuals\_contact</a> or go to: <a href="www.studyinholland.nl/documentation">www.studyinholland.nl/documentation</a>.

Note: you need to register at a general practitioner (GP) in the Netherlands. Check the nearest GP here.

#### **Finances**

#### Costs of living in the Netherlands

Experience has shown that students living and studying in Rotterdam spend approximately €1,000 a month. This amount is needed to cover daily expenses, meals, accommodation costs, insurance, etc. This estimate does not include tuition fees, immigration fees and unforeseen costs, and should be used as a general indication of the costs of living.

Below is an overview of the average living expenses per month:

Accommodation (furnished, including (shared or individual) utilities)	€500 - €700
Insurance	€55
Books and study materials (may vary per study programme)	€150
Daily expenses (food, drinks, clothes, going out, public transport, etc.)	€350

#### Other (non-recurrent) expenses:

Bicycle (second-hand)	€150
Unforeseen expenses (high medical or telephone bill, etc.)	€300

The average prices of a number of items:

Cup of tea or coffee in a café	€3.00
Cheese sandwich	€4.00
Beer	€2.50
Meal in a typical student restaurant	€12.50
Cinema ticket	€10.50
Hairdresser (cut and blow-dry)	€25 - €60

#### Scholarships & grants

Erasmus University Rotterdam offers a couple of scholarships and grants to international students. Find the complete overview of financial aid possibilities on our website.

We also recommend that you try to obtain financial support from your home institution, government agencies in your home country or international organisations.

#### Other websites

Were you unable to find a scholarship or grant on our website? Visit the Netherlands Student Grantfinder (<a href="www.grantfinder.nl">www.grantfinder.nl</a>) or the European Scholarship Portal (<a href="www.scholarshipportal.com">www.scholarshipportal.com</a>) website to find possible alternatives.



#### Student Loan

Dutch students and other European students might be entitled to a loan from the Dutch Education Executive Agency (<u>DUO</u>).





"There have been many amazing times that I have had since I got here. I think just meeting people from all over the world and learning about them and their culture/countries has been one of the best experiences."

Paulina Polish, exchange student

## **Travelling from your home country to Rotterdam**

Rotterdam can be accessed in many different ways: by plane, train, bus, car and boat.

#### By plane

Nearby airports in the Netherlands are Rotterdam The Hague (14 km), Amsterdam Schiphol (66 km), Eindhoven (110 km) and Maastricht (200 km). Other international airports close to Rotterdam are Antwerp and Brussels, and even Dusseldorf and Paris can be reached relatively easily by train or bus.

#### By train

You can reach Rotterdam by train from many directions. For more information, please refer to the Dutch international railway company's website: www.nshispeed.nl/en.

#### By bus

Rotterdam has a bus terminal, near the central train station. Eurolines' coaches connect Rotterdam with over 500 towns and major cities across Europe and Morocco. More information: <a href="www.eurolines.nl/en/">www.eurolines.nl/en/</a>. Also visit the FlixBus website for more information on traveling to popular national and international cities. <a href="www.flixbus.nl">www.flixbus.nl</a>

#### By car

Rotterdam is easy to access by car from Germany via the A15 or A16, and from Belgium via the A16.

#### By boat

Rotterdam is very easy to reach by boat from England. You sail to Hoek van Holland and, from there, Rotterdam city centre is only 30 minutes away by train or car.

#### Sustainable traveling

Getting to Rotterdam inevitably goes with travel emission. Erasmus University prioritizes sustainability and encourages you to acknowledge the impact of your journey. Are you willing to compensate your travels and start your program abroad green?

## **Travelling from Schiphol Airport to Rotterdam**

There is an **Airport Welcome Service** from Schiphol Airport (Amsterdam) to Rotterdam for new international students each semester. We offer two possibilities:

#### The fast way (09.00 - 20.30)

Travel green, efficient and independent to your new home. At the airport stand, our crew will provide you with free tickets to take the train to-, and city transport in Rotterdam after arrival. For registration and updates see: <a href="mailto:eur.nl/airport-welcome">eur.nl/airport-welcome</a>

#### The fancy way (departing @ 14.30)

Too much luggage to carry or tired from your long flight? Join our mid-day bus service to your preferred drop off location. For registration and updates see: eur.nl/airport-welcome.



The trains to Rotterdam CS (Central Station) leave every 15 or 30 minutes (or every hour during the night), depending on the time and the day. The train journey takes about an hour and the ticket prices can be found on <a href="https://www.ns.nl/en">www.ns.nl/en</a>.

#### By taxi

You can also take the taxi from the airport to Rotterdam. Taxis are expensive in the Netherlands, so make sure to have enough cash on you if you wish to travel by taxi. A ride from Schiphol Airport to Rotterdam costs  $\pm$  € 170.



#### **Students under 18**

If you are still under 18 when you start studying at Erasmus University Rotterdam, there are a few extra matters you need to take into account.

#### Immigration procedure

You may have to take a notarised letter and a full birth certificate to the embassy or consulate, if you need to apply for an entry visa and residence permit. Ask the embassy or consulate you will visit if it is necessary to bring these documents.

#### Credit card and opening a bank account

Generally, you are not allowed to apply for a credit or debit card in the Netherlands if you are under 18. If one of your parents has a credit card, ask the bank in your home country if they offer the option of applying for a 'partner credit card'. If you wish to open a bank account in the Netherlands, one of your parents must co-sign the agreement. It's also possible to open a bank account on campus, during one of our One Stop Shops. Are you under 18? Then this does not apply to you. You will need one of your parents with you to visit a Dutch bank. Find more information on our website: www.eur.nl/orientation.

#### Medical release form

In the unfortunate event that a student under the age of 18 has a medical emergency, the consent of the parents or legal guardians is required before any medical treatment can be given. Please bring a signed medical release form with you. This form must stipulate that your parents or legal guardians have consented to medical treatment in the case of an emergency, and provide their full contact details.



#### Alcohol and smoking

You are by law not allowed to drink alcohol or smoke if you are under the age of 18.

#### **Checklists**

#### Things to do before departure

Essential
Start your immigration procedure (if non EU/EEA)
☐ Arrange your finances
- Ensure you have sufficient funds
- Apply for grants and/or scholarships
- Ensure you have enough cash to cover
your expenses for the first couple of days
in the Netherlands
☐ Accept your offer in Studielink (if applicable)
Register for your study programme
Register in StudieLink (if applicable)
Pay your tuition fee (if applicable)
☐ Make sure your passport is valid for the time that you'll be staying in the Netherlands and check with
the authorities in your home country how many
months your passport still needs to be valid for
when you return there
☐ Arrange your healthcare (and other) insurance
☐ Decide how and when to get to Rotterdam
☐ Arrange accommodation in Rotterdam, at least for
your first few nights
Register for housing platforms and make sure you
have (temporary) accommodation when you arrive

Optional
☐ Like International Office Erasmus University
Rotterdam on Facebook ( <u>www.facebook.com/</u>
EurCentralInternationalOffice)
☐ Subscribe to Erasmus University's YouTube
channel (www.youtube.com/channel/UCVu_
gFmKMDsZmHU8IYp9H1A)
☐ Sign up for the orientation programmes
Register for a Dutch language course
Appoint someone you trust to act as your
representative. For instance, for your bank account:
if you lose your bankcard, it will be easier if
someone in your home country is authorised to
arrange a new one for you. This is required if you
are a student under 18!
Apply for the ESN Buddy programme

#### Things to pack before departure

Essential
☐ Your passport and immigration
documents Proof of your healthcare
☐ insurance Tickets and journey details
☐ Credit card
☐ Some money in the form of cash (euros)
☐ Clothing for temperatures between -5°C and 25°C (between 23°F and 77°F)
☐ Toiletries Bag
Medications (if applicable)
☐ Emergency phone numbers of people in
country of origin and International Office.
Optional
Your (international) driver's licence
Passport photos (you will need a few during
your first few days here)
☐ Mobile phone
Laptop / tablet
☐ Travel adapter
Extra contact lenses or spare pair of glasses
Towels
☐ Bed linen (some housing agencies offer linen)
☐ Travel guide
☐ International Student Identity Card ( <u>www.isic.org</u> )
First aid kit

## First days at Erasmus University Rotterdam



#### **Campuses**

Erasmus University Rotterdam is a home base for around 28.000 students, of which around 5.000 are international students, and every year the numbers are increasing. In order to prepare this campus for the future, ambitious construction plans have been implemented the past few years.

#### Woudestein campus

Most faculties and schools are situated at the Woudestein campus, which has a green and lively heart with the vibrant and cultural Erasmus Pavilion, a new residence for students (Hatta-building), the Erasmus Food Plaza where dishes from various corners of the world are offered and a mini-supermarket Spar University. Other facilities on this campus include a library, pc workstations, prayer facilities, cash dispensers, a bicycle shop, coffee corners, a bookstore, a hairdresser and a sport centre.

More information: <a href="https://www.eur.nl/english/campus\_facilities">www.eur.nl/english/campus\_facilities</a>.

#### **Erasmus Medical Center**

The Erasmus Medical Center (Erasmus MC) is one of the largest medical centres in Europe. The new Education Center includes the Medical Library, lecture rooms, a 'study landscape' of open plan islands where students can work both individually and in groups and a coffee bar. This campus also offers other facilities, such as a library, pc workstations, a bicycle shop, cash dispensers and prayer facilities.



More information: <u>www.erasmusmc.nl/internationaloffice</u>.

#### **Erasmus University College**

The building of Erasmus University College is the magnificently restored former library of Rotterdam. As one of the few buildings to survive the Second World War, it has great historic significance. In 2014, the first Erasmus University College students started their academic career in this building. Facilities on this campus include formal meeting rooms, study areas and a coffee bar. More information: <a href="https://www.eur.nl/euc">www.eur.nl/euc</a>.

#### International Institute of Social Studies

The International Institute of Social Studies is situated in the former headquarters of the Netherlands Post and Telecommunications in The Hague.

Every year, around 200 students study here.

More information: <a href="https://www.iss.nl">www.iss.nl</a>.

#### **Orientation programmes**

At the beginning of every semester, the university offers several orientation programmes for new international students. Unless otherwise indicated, most of these activities take place at the university's Woudestein campus. You can find a short description of each programme below. For more information and registration go to: <a href="mailto:eur.nl/orientation">eur.nl/orientation</a>.

### Intensive Dutch Language Course (only in the summer)

Get comfortable with the Dutch by applying for the Language and Training Centre's Intensive Dutch course for absolute beginners. Please note that this course, with target level A1, will be taught during daytime.

#### Eurekaweek (only in the summer)

The official introduction week (20-23 August) of Erasmus University Rotterdam. Get acquainted with your university, the city and student life, as well as with students from your study. There will also be a practical information session specifically for new international students. Additional, there is a special International Day on Sunday 18th of August.

#### **ESN Introduction Days**

Take the chance to meet fellow international students, taste Dutch culture, get to know Rotterdam and experience its cultural highlights and nightlife. Sign up here!

#### **Bicycle Lessons**

Join a crash workshop cycling to get familiar with the Dutch way of moving around.

#### Ikea Service

Shop your final necessities to make your new room or apartment feel like home and join our shuttle service to the nearest lkea.

#### Faculties' Orientation Programmes

The orientation activities organised by the faculties and schools. It is often mandatory to participate in these activities.

#### One Stop Shop

Take care of practical matters before classes start, such as registering at the City Hall, arranging your healthcare insurance and opening a bank account. You can arrange almost everything here in one go. The International Office EUR organises several One Stop Shops in the winter and summer. Make sure to register on our website: <a href="https://www.eur.nl/welcome.">www.eur.nl/welcome.</a>

#### Official Welcome Ceremony

An Official Welcome ceremony hosted by International Office EUR. Prominent staff and the ESN board of 2019-2020 will welcome you to our university. Moreover: a popular stand-up comedian and Desiderius Erasmus himself will be present. After our summer edition, you are invited to stay for drinks and snacks at the Heart Beat Festival.

#### **EUR Buddy Programme**

The EUR Buddy Programme aims to help new students establish a social network from day one. Do you want help with practicalities or integration? Don't hesitate to request an EUR Buddy! Your EUR Buddy will help you to set up your (student) life in Rotterdam. Apply for a buddy <u>here.</u>

#### **Registration at City Hall**

If you intend to stay in the Netherlands for more than 4 months, you must register at the City Hall of the municipality in which you are living. After registering, you will be given a Citizen Service Number (Dutch: Burger Service Nummer, BSN), which is required by some banks, after opening a Dutch bank account. You will also need a BSN-number if you take on a job or paid internship in the Netherlands.

The following documents are required for the registration:

- A fully completed and signed registration form to be downloaded and printed from the EUR website;
- A valid passport or valid identity card (the original document plus a hard copy);
- A rental contract and a tenancy agreement (download tenancy agreement) or declaration by the main occupant ('verklaring van inwoning') or a housing permit for those who do not live in accommodation provided by SSH;
- Your Dutch residence permit or visa (non-EU/EEA students only) or the IND approval letter in case you do not have your residence permit in place.

In order to register, you can visit our One Stop Shop on campus. The City Hall will visit the campus that day to help you with the registration. In any other case, you must make an appointment with the City Hall in advance yourself. More information on the One Stop Shop: <a href="mailto:eur.nl/orientation">eur.nl/orientation</a>.

## Opening a Dutch bank account

You can open a Dutch bank account at several banks or at the One Stop Shop on campus.

The three most well-known banks are ABN AMRO, ING and Rabobank. Below you can find information about each bank

Bank	Cost	Necessary Documents	Account Activation	Bank Card
ABN AMRO	€1.55 per month	<ul><li>Valid passport or ID</li><li>Proof of enrollment at EUR</li><li>BSN-number*</li></ul>	Immediately	3-4 working days
Rabobank	Free	<ul><li>Valid passport or ID</li><li>Proof of enrollment at EUR</li><li>BSN-number*</li></ul>	Immediately	3-5 working days
ING	Free	<ul><li>Valid passport or ID</li><li>Proof of enrolment at the EUR</li><li>BSN-number*</li></ul>	Immediately	Max. 5 working days
Bunq	Free	<ul><li>Valid passport or ID</li><li>BSN-number* (Only after three months)</li></ul>	Immediately	Immediately ata One Stop Shop
N26	Free	Valid passport or ID	5 working days	Smart phone app & website

<sup>\*</sup>BSN-number is the Dutch citizen number.



"As the train left Schiphol Airport train station, I looked out my window and exhaled, slowly. Ah, this is more like it. Everything has been so surreal so far, it was nice to finally just sit and gather my thoughts, really process what's happening. I was hoping to have some deep and sophisticated thought about my life, like look at you, you've made it this far, and what this means in the bigger scheme of things. Except, well, I looked out the window and I just couldn't contain my excitement! Look at that! I'm in EUROPE! And it's PRETTY! So much green, and such lushness! Bright sun out, cows grazing in the fields. Cute little houses, and farmers out and about on bicycles!"

Bhagyalakshmi Indian, master student

#### Wi-fi

To use the computer facilties or the wireless network at one of the EUR campuses and to log on to the university websites from home or any other location, you are given an Erasmus Remote Network Access (ERNA) account. Your account name and password will be sent to you by email after registration in StudieLink or provided during the faculty introduction meeting (StudieLink is not applicable to all programmes at EUR). More information: www.eur.nl/english/erna.

## Getting a mobile phone or SIM card

ESN Rotterdam has free SIM cards that you can collect at its office (PT-064). The SIM card provider is Lebara, which has cheap rates for calling other people with a Lebara SIM card.

If you would like to buy a mobile phone or get a SIM card from a different provider, you can go to one of the other providers' shops in Rotterdam's city centre. The best-known Dutch providers are KPN, Hi, Vodafone, T-mobile, Telfort, Ben and Tele2.

Of course you could also order a mobile phone or SIM card online, but as most websites are in Dutch, we advise you to ask ESN Rotterdam to help you with this.

#### Checklist

#### Things to do upon arrival

#### Essential

- Register at City Hall if you will be living in the Netherlands for more than 4 months;
- Be properly insured (you are by law obliged to be insured in the Netherlands);
- Register yourself at a general practitioner and dentist;
- Take care of your enrolment at the university and make sure that everything is complete (such as the payment of your tuition fee);
- ☐ Get your Student ID card;
- Pick up your residence permit (if applicable, you will receive an email once it is ready);
- ☐ Take a tuberculosis check (if applicable).

#### Optional

- Open a Dutch bank account;
- ☐ Go to Orientation Programmes.
- ☐ Buy a bicycle;
- ☐ Buy an OV-chipkaart (public transport chip card);
- ☐ Buy a mobile phone or Dutch SIM card;
- Become a member of one of the student organisations;
- ☐ Buy an Erasmus Sport Pass;
- ☐ Subscribe to SIN-Online and channels such as Erasmus Student Service Centre (ESSC), International Student Information and SG Erasmus.
- Like Erasmus University's many Facebook pages (Erasmus University Rotterdam, International Office Erasmus University Rotterdam, Erasmus Student Service Centre, SG Erasmus, Language & Training Centre, etc.).



# All you need to know about studying here



#### **Dutch educational system**

When you come to the Netherlands to study, many things will be different than they are in your home country: climate, lifestyle, traffic, food and religion for example. In addition, you may find that the Dutch grading system also differs from the system you are used to. To help you know what to expect, we have listed some information about the Dutch educational system.

#### **Dutch grading system**

A student's workload is measured in ECTS (European Credit Transfer System) credits. According to Dutch law, 1 credit represents 28 hours of work and 60 credits represents one year of full-time study.

The assessment system in the Netherlands consists of marks from 1 (very bad) to 10 (outstanding). The marks 1 to 3, 9 and 10 are seldom given. A minimum score of 6 is required to pass a course.

For marks with one decimal point, 5.5 is the minimum pass mark. For the programme as a whole, an average mark of 8.25 or higher entitles the student to a pass cum laude (with distinction).

#### Comparing your marks

Several countries use grading systems that appear similar to the one used in the Netherlands. One example is the 1-100 system. However, it would be inaccurate to compare a 90-100 grade in such a system with a 10 in the Dutch system, or an 80-90 with a 9, and so on. An 80 in China, for example, is not considered a good grade since most grades in higher education in China are between 80 and 100. In the Netherlands, however, an 8 is a very good grade, since most grades are between 6 and 8.

#### **Dutch teaching methods**

Respect for each individual's opinions and convictions is a national virtue. This is the foundation of the teaching method used in Dutch educational institutions. The teaching style can be described as interactive and student-centred, providing students with the attention and freedom they need to develop their own opinions and creativity in applying their newly acquired knowledge.

#### Problem-based learning

The Netherlands has received international acclaim for its groundbreaking problem-based learning system, which trains students to analyse and solve practical problems independently through emphasis on self-study and self-discipline. A large part of all study



programmes is dedicated to writing papers, working in groups to analyse and solve specific problems, acquiring practical work experience through internships, and conducting experiments in laboratories.

#### Interaction in class

Interaction in class is highly appreciated. Students are expected to think about the knowledge that is presented to them and develop and express their own opinions. They should not be passive, but ask questions and be critical of what lecturers or fellow students say.

#### Learning the language

Working together in an international classroom should pose no problems, as everyone speaks English. Nevertheless, it would be beneficial to be able to mingle in conversations in Dutch and contribute to discussions in Dutch between local classmates. This may make working in groups even more interesting and meaningful.

## Binding study advice (Nominal is Normal, N=N)

Dutch universities give students a 'binding study advice'. At Erasmus University Rotterdam, this specifically means that new Bachelor's students are obliged to obtain all 60 ECTS credits out of a possible 60 in their first year (this is not applicable to exchange students). More information.

## **Erasmus Student Service Centre**

The ESSC provides students with information on student registration, finances, making appointments with counsellors and various other services. If you have any questions that do not relate to your study programme, you can contact the ESSC. More information: <a href="https://www.eur.nl/english/essc/">www.eur.nl/english/essc/</a>. Use their website, Whatsapp (+31-(0)623372156) or Facebook to ask your questions.

#### **International Office EUR**

The International Office EUR is there to help you prepare, settle down and succeed in the best way possible - academically and personally. Wondering about immigration, your financial situation, traveling to Rotterdam, orientation activities or going abroad on exchange? We can advise you on everything, and more. Check out our website and don't hesitate to contact us if you have questions: <a href="https://www.eur.nl/internationaloffice">www.eur.nl/internationaloffice</a>.

## **Student Information Network Online**

Students receive regular updates by email and via the online student information channel SIN-Online. Using your ERNA account, you can log on to the website: <a href="https://www.sin-online.nl">www.sin-online.nl</a>. Interesting channels to subscribe to are the channels 'Erasmus Student Service Centre' and 'International Student Information'.

#### **Language & Training Centre**

The Language & Training Centre (LTC) offers Chinese, Dutch, English, Italian and Spanish language courses. Some courses like Arabic, Japanese and Russian are offered as double-level courses, once a year. German and French courses are offered by: Alliance Française and Goethe Institut.

If you want more information about their offer please visit <a href="www.eur.nl/ltc">www.eur.nl/ltc</a> or contact them via <a href="tel:lecaleur.nl">lecaleur.nl</a>

Other activities offered by the LTC are:

- Academic writing courses for Bachelor, Master or PhD students;
- ITP-TOEFL test:
- Language assessments & intakes.

More information: www.eur.nl/ltc.

#### Advice and counselling

There are various forms of guidance and advice available. Here you can find an overview of the different forms.

#### Study advisor

Every faculty has its own study advisor(s). For counselling or advice concerning the content of your study or faculty, you can schedule an appointment with a study advisor. A study advisor can give you guidance concerning the study programme, compensation regulations, study planning and study delay, the Binding Study Advice, individual arrangements in case of illness, personal circumstances and elite sports, writing a request to the examining board and studying abroad etc. Please refer to your faculty's website for the contact details of your faculty's study advisor.

#### Student counsellor

Student counsellors offer advice, assistance and information regarding personal affairs, practical issues and problems related to being a student. Furthermore, they are responsible for handling and directing student complaints.

#### University psychologist

It is not uncommon for students to experience problems during their studies. This is sometimes caused, for example, by having to adjust to independent living, relationships that are not going well or events that are difficult to cope with.

Often it is not exactly clear whether study-related or personal difficulties are the cause or the consequence of the problem. One thing is clear: a vicious cycle has been created. The university psychologists can help to break this cycle, their goal is to help students resolve problems that prevent them from focusing on their studies.

#### Careers advisor

The transition from study to a career is not always easy, so it is a good idea to prepare yourself for this step in good time. It is also wise to think carefully about your choice if you are contemplating a Master's degree. You can do this by exploring the job market and considering your opportunities in the job market. The EUR also offers a wide range of workshops to help you explore the possibilities. If you feel you would like some advice in this area, you can make an appointment with the university's careers advisor.

#### Studying with a disability

If you would like more information about facilities and accommodation for students with impaired mobility, or would like to discuss personal functional disablities

– such as dyslexia, a physical handicap, a chronic and/or psychological disorder which could affect your performance as a student – then please contact a staff member via the ESSC. You might be eligible for help. For more information check our website.

#### Confidential counsellor

EUR has appointed a confidential counsellor who serves as the contact person for anyone who has been confronted with unwanted behaviour (such as sexual harassment, aggression and violence) or unequal treatment in their study or work environment.

#### Making an appointment

You can schedule an appointment with one of the counsellors/psychologists through the <u>website</u>.

#### **Working in the Netherlands**

Foreign students can do internships and take on part-time jobs during their studies. However, the possible lack of knowledge of the Dutch language might make it difficult for them to find a job. Students can search for part-time jobs through temporary job agencies, advertisements in newspapers, or the internet. General information can be found on: <a href="https://www.studyinholland.nl">www.studyinholland.nl</a>.

#### Non-EU/EEA students

Students from outside the EU/EEA with a valid residence permit are allowed to work up to a

maximum of 16 hours per week throughout the year, or full-time during the months June, July and August. Your employer will need to apply for a work permit before hiring you.

You must be aware of the fact that once you take on a job alongside your studies, you will need to have Basic Health Insurance. For more information see page 7.

Non-EU/EEA students are allowed to do internships, as long as the internship is relevant.

#### FU students

Students from EU countries are allowed to work in the Netherlands and do internships without restrictions. Your employer does not need to apply for a work permit and you may work as many hours as you wish.

You must be aware of the fact that once you take on a job alongside your studies, you will need to have Basic Health Insurance and pay income tax (you will need a Citizen Service Number (Dutch: Burger Service Number, BSN) for this).

EU students working at least 56 hours a month may be eligible for student finance. More information: www.duo.nl.

#### **Erasmus MC students**

If you are going to study at Erasmus MC, we recommend you to take into account that the study load can be intensive. Therefore, it might be difficult to have an extra job alongside your studies.



#### **Student organisations**

There are many organisations in Rotterdam for both national and international students. A couple of organisations have been highlighted below. You can find a complete overview on <a href="https://www.eur.nl/internationaloffice.">www.eur.nl/internationaloffice.</a>

#### **ESN Rotterdam**

Erasmus Student Network Rotterdam enhances the academic and social experience of international students in Rotterdam. In this framework and with this purpose, ESN Rotterdam endeavours to foster friendships that will transcend boundaries and enlarge the professional and social networks of international students. It organises lots of activities, and you can contact the board if you have any questions. You can find their contact details on www.esn-rotterdam.nl.

Don't miss any of the weekly ESN events by subscribing through their Facebook page.

#### **Erasmus Pride**

Erasmus Pride is a network for lesbian, gay, bisexual and transgender (LGBT) employees and students. Erasmus Pride regularly organises social gatherings for employees and students. More information: www.eur.nl/english/erasmuspride.

#### Study associations

Study associations try to bridge the gap between theory and practice, and organise activities for all students interested in that specific field of study. They often offer discounts on your study books, study-related trips (abroad) to interesting companies and social drinks. Every faculty has one study association at least. Some only have one association for the whole faculty, while in other faculties every programme has its own assocation.

#### **SG Erasmus**

SG Erasmus is part of the Erasmus University Rotterdam (EUR) and organises scientific, social and cultural programmes throughout the year. The complete programme consist of lectures and debates, monthly talk shows, film screenings, cultural and scientific events and a wide range of courses and performances. More information: www.eur.nl/sgerasmus.





"The start of an exchange semester is incredibly daunting. Even though most of your mind is so excited, there's always a little part of it in the background saying "but what if you don't make any friends? What if you run out of money? What if you can't find your favourite food? What then?? Luckily, my exchange hasn't resulted in any of the above circumstances – yet. In fact, I've met some amazing people who are the most incredible, fun and intelligent individuals I could ask to spend this time with."

Laura Australian, exchange student



"Besides finding a lot of new friends at the university tennis club, it is also a very cultural experience for me every time. I am mostly the only foreigner present, so I really get to practice my Dutch a lot and on away games I see many different places in Holland that one would never get to know otherwise."

Fabian German, bachelor student

## Religious and multicultural associations

Pastors from various churches work together in the student rectory. The student pastor makes time available to discuss the philosophy of life, ethical issues and personal questions about life; these discussions are strictly confidential. More information: <a href="https://www.bisdomrotterdam.nl/voor-parochies/jongeren/studenten">https://www.bisdomrotterdam.nl/voor-parochies/jongeren/studenten</a>

On the Woudestein campus, a meditation room is located in the Tinbergen Building (HT), the opening hours are: 7.30 am - 9.30 pm. This room is meant for everyone: student and workers, visitors and passersby, despite your philosophy about life, your opinion about life or your religious affiliation.

#### **Erasmus Sport Center**

Over 50 different sports, professional instructors and trainers, 23 different student sport associations and all this at very reasonable prices! The Erasmus Sport Center on Woudestein campus has a large venue for all kinds of indoor sports, training halls, a dance studio, indoor cycling studio, five squash courts, a state of the art gym and six outside tennis courts. In co-operation with student associations, the Erasmus Sport Center also offers numerous outdoor sports (soccer, lacrosse, waterpolo, rugby, and field hockey to name a few).



The Erasmus Sports pass comes in different types, which you can buy online at: <a href="www.erasmussport.nl">www.erasmussport.nl</a> or at the service desk. Also, Erasmus Sport Center has developed custom-made deals for international students with ESN.

#### Elite sports

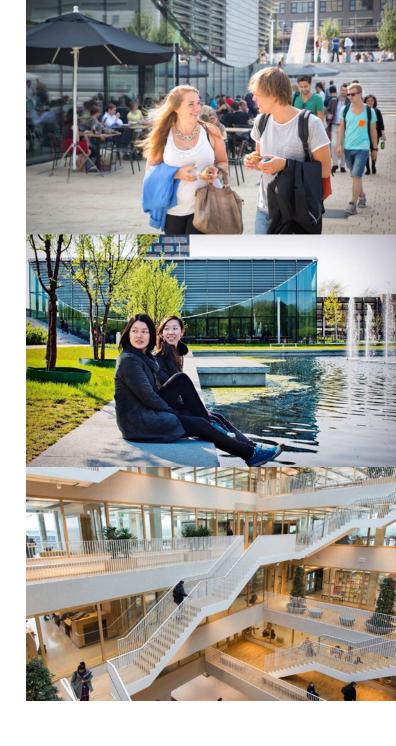
Many people believe that studying and top-level sport is a difficult and time-consuming combination. Erasmus Topsport is the central organisation at the Erasmus University offering support to top athletes. The support mainly focuses on facilitating students in combining their sport and study through study and sport facilities. More information: <a href="https://www.erasmussport.nl">www.erasmussport.nl</a> and <a href="https://www.facebook.com/erasmus.sport/">www.facebook.com/erasmus.sport/</a>.

## International Student Experience Blog & Vlog

What is it like being a student at Erasmus University Rotterdam (EUR)? What kind of adventures are there to seek abroad? EUR students give you a look into their lives and share their experiences with you in their blogs and vlogs. Find out what they've been up.

#### **EUR Student Panel**

The EUR Student Panel aims to provide Dutch and international students with a platform for sharing experiences and ideas with each other and with university staff. Topics previously addressed included the welcome pages for new internationals, career services and housing for international students. For more information about the panel, please send an email to gatheuring@eur.nl



## Rotterdam and the Netherlands



## The Netherlands and the Dutch

The Netherlands is a country in north-western Europe with a population of nearly 17 million. It is a parliamentary democracy and constitutional monarchy. The capital is Amsterdam and the seat of Government is The Hague.

The Netherlands is often called 'Holland', which is technically incorrect as North and South Holland are actually only two of its 12 provinces. The word 'Dutch' (or 'Nederlands' in Dutch) is used to refer to the people, the language and anything pertaining to the Netherlands.

According to Lonely Planet: "There are not many countries with so much land below sea level. There are not many - if any - countries this flat. There are not many countries with so much reclaimed land. There are not many countries this densely populated, and yet so liberal. There are not many countries with so much water and wind, or so many boats, sails, bikes, birds, dykes, polders, windmills, flowers, fish, bridges, cafés, cheese - and tall people." (Introducing the Netherlands, 2010).

## National holidays and celebrations

1 January 2019	New Year's Day
19 April 2019	Good Friday (not an official holiday) Religious holiday for Christians, commemorating the crucifixion of Jesus Christ.
21 April 2019	Easter Sunday Religious holiday for Christians, commemorating the resurrection of Jesus Christ.
22 April, 2019	Easter Monday
27 April 2019	King's Day Celebration of the birthday of King Willem-Alexander, as a day of national unity. On this day, a lot of people wear orange clothes, wave flags and drink beer. Others will hold or visit rummage sales in the streets.
4 May 2019	Remembrance Day (not an official holiday) The 'Dodenherdenking' is held for those who fought and died during World War II, or in later combat or peacekeeping operations. Throughout the country two minutes' silence are observed at 20.00.

5 May 2019	<b>Liberation Day</b> (not an official holiday). Celebrated to mark the end of the occupation by Nazi Germany during World War II.	
30 May 2019	Ascension Day Religious holiday for Christians, commemorating the ascension of Jesus Christ into heaven.	
9 June 2019	Pentecost – Whit Sunday Religious holiday for Christians, 50 days after Easter, celebrating the descent of the Holy Spirit upon Jesus Christ's disciples.	
10 June 2019	Pentecost Monday – Whit Monday	
5 December 2019	Sinterklaas (not an official holiday) Sinterklaas, the original version of Santa Claus, is celebrated in Flanders and the Netherlands. Loosely based on Saint Nicholas, this fictional character arrives each year from Spain to hand out presents and sweets to children.	
	Sinterklaas, the original version of Santa Claus, is celebrated in Flanders and the Netherlands. Loosely based on Saint Nicholas, this fictional character arrives each year from Spain to hand out	
2019 25 December	Sinterklaas, the original version of Santa Claus, is celebrated in Flanders and the Netherlands. Loosely based on Saint Nicholas, this fictional character arrives each year from Spain to hand out presents and sweets to children.	
25 December 2019 26 December	Sinterklaas, the original version of Santa Claus, is celebrated in Flanders and the Netherlands. Loosely based on Saint Nicholas, this fictional character arrives each year from Spain to hand out presents and sweets to children.  Christmas Day  Second Christmas Day —	



The Netherlands has a culture of openness and tolerance towards the rest of the world and towards each other. This attitude is reflected both in business and in social life. Most people know the Dutch as down-to-earth and direct in their communication, which might be considered rude to others sometimes, although never intended that way by the Dutch.

Other characteristics and habits the Dutch are often portrayed with: complaining about public transportation and the weather on a regular basis, eating dinner at 6 o'clock precisely and not being that enthusiastic about unexpected house visits.

#### Language

The official language in the Netherlands is Dutch, which is spoken by almost all the inhabitants. Another official language is Frisian, which is spoken in the northern province of Friesland. English is understood and spoken at a fair level by almost everyone in the Netherlands.

#### **Climate**

The Netherlands has a typical 'marine climate'. In summer, fine, hot weather may last for weeks, but the weather can just as easily be cool and unsettled. In winter, spells of cold weather lasting from a week to two months or more may cause rivers and canals to freeze, but in mild winters this may not occur at all. Rainfall is well distributed over the year. The average daily temperature in January is around 5°C and in June around 20°C.

#### **Rotterdam**

Rotterdam is the second largest city of the Netherlands, with over 600,000 citizens, while the population of the greater Rotterdam region is around 1.2 million. This all started when a dam was built in the river 'Rotte' in 1270. The city was granted a charter in 1340. In the 15th century, Rotterdam produced perhaps its most famous son: Desiderius Erasmus, one of the founders of Humanism. Erasmus University Rotterdam is named after this philosopher.

The river Maas runs through Rotterdam and the city is famous for its port, the largest in Europe, earning it the name 'gateway to Europe'. Rotterdam is only a short distance from Europe's most magnificent cities – London, Paris, Barcelona, Berlin, Brussels and Amsterdam.



"Rotterdam represents "new beginnings" and "uniqueness", which resonates quite deeply to me. I have personally come to believe, this is a place for young souls- the creative, hopeful and rebellious kind. You know the kind- the ones who lead the future."

Parikrama Nepalese, bachelor student



#### Culture

Cultural life in Rotterdam is vibrant. There is a wide selection of museums, including modern art, historical treasures, architecture, photography, historical ships and exotic animals. According to the New York Times and Rough Guides, Rotterdam is a must-see city. They specifically recommend the city's architecture.

The skyscrapers adorning the skyline along the river are fine examples of what modern architecture has to offer, while there is still a historic heart within the city. It is those skyscrapers that have given Rotterdam the nickname of 'Manhattan on the Maas'.

Rotterdam is famous for its many festivals and events. It is also a true sports city and holds many sports events, such as its world famous marathon, a world tennis tournament, the largest outdoor international equestrian event in the Netherlands, and many more.

More information: en.rotterdam.info/visitors, www.rotterdamfestivals.nl/public or weownrotterdam.nl.

#### **Getting around**

#### **Bicycles**

To get around quickly, easily and cheaply, buy a bicycle (Dutch: fiets) and a good quality bicycle lock. A second-hand bicycle in reasonable shape will cost you approximately €150. Second-hand bicycles can be bought at most bicycle shops and at the bicycle shelter at Central Station. There are also bicycle shops at Woudestein campus and Erasmus MCand you can hire a bike via Swapfiets!

#### **Public Transport**

Plan your journey with 9292OV. The website that combines all public transport throughout the Netherlands.

#### Public transport chipcard

In order to use public transport in the Netherlands, you need a public transport chipcard (Dutch: openbaar vervoer chipkaart, OV-chipkaart). ISIC offers the option of an ISIC/OV-chipkaart. This custom made public transport card for international students integrates a regular ISIC discount card with additional benefits. The card can be purchased at the One Stop Shops or online.

You can also buy a regular personalised or anonymous card (€7.50). It is possible to rent an anonymous OV-chipcard from ESN Rotterdam. You have to pay a €10 deposit, which you will get back once you leave Rotterdam and return the OV-chipcard.

#### In Rotterdam

The Rotterdam Transportation Authority (RET) provides mass transit services by tram, bus, metro and ferry in the Rotterdam area. More information: www.ret.nl/en.

#### Train

Dutch rail services are widespread across the country, in most cases provided by Dutch Railways (Dutch: Nederlandse Spoorwegen, NS). More information about the Dutch railways, prices of tickets or travel information: www.ns.nl/en.

If you plan on travelling by train a lot, it might be a good idea to buy one of the discount passes.



#### Cars

With such a good public transport infrastructure in the city, we advise you not to bring your car into Rotterdam's city centre, where parking or a parking permit is very expensive. However, you might sometimes need or want to hire a car. Through StudentCar, you can rent a car by the hour and pick up the car from Woudestein campus. More information: <a href="https://www.studentcar.nl">www.studentcar.nl</a>.

#### Health

#### General practitioner

For medical assistance, the usual practice in the Netherlands is for a patient to have an initial consultation with a general practitioner (Dutch: huisarts), before making an appointment with a specialist in hospital/

We strongly encourage you to register at a GP as soon as possible. Medical help without referral can lead to unforeseen, high costs and waiting times.

Check the website of the Erasmus Medical Center to find out which GP you can register at, and learn more about the Dutch referral system.

Tip: Before making an appointment, check your insurance policy to inquire which treatments are fully or partial covered by your insurance to avoid unexpected costs afterwards.

#### **Advise & Counseling**

If you need support or advice regarding the content of your study, please contact your own faculty study advisor.

If you have any other issues, you can contact the University Support Centre's (USC) Student Support. For example, you can contact us if you're confronted with:

- Legal and/or financial problems (student counsellors)
- Mental health problems such as stress or problems with procrastination (university psychologists)
- Finding a (part-time) job (career advisors)
- Inappropriate behaviour or inappropriate circumstances (confidential counsellor)
- Concerns about your study choice (study switch workshop)
- A functional impairment that hinders you when studying.





If you need medical assistance after office hours or during the weekend, you should contact the GP out-of-hours service (Dutch: huisartsenpost). In the case of a life-threatening emergency, find the emergency contacts in the right paragraph or if immediate medical assistance is needed, you can get help 24 hours a day at the EHBO ('First Aid') or SEH ('Accident & Emergency') department at any hospital. See the last chapter of this handbook for the contact details of the hospitals and the GP out-of-hours service.

#### Pharmacy and chemist

Most medications are only available on prescription. You will be given the prescription by your general practitioner and can collect your medication(s) at a pharmacy (Dutch: apotheek).

Chemists (Dutch: drogist) sell medications that do not require a prescription, such as aspirin and cough medicine. There is always a pharmacy open, even in the weekend. Every pharmacy posts a notice in its window showing which pharmacy is open in the evenings and weekends.

#### Hospitals

The main hospital (Dutch: ziekenhuis) in Rotterdam is the Erasmus Medical Center. It is located at 's Gravendijkwal 230. For other hospitals in Rotterdam and their contact details, please refer to the last chapter of this handbook.

#### Dentist

Appointments for the following recommended dentists (Dutch: tandarts) should be made in advance; it is usually only possible to pay with cash. The university recommends the following dentists:

#### Tandartsenpraktijk Strevelsweg

Strevelsweg 121

Tel: + 31 (0)10 485 92 06

Call to make an appointment between 9.00 - 17.30 or make an appointment through their website (www.rotterdamtandarts.nl).

#### Mondzorgcentrum Noordereiland

De Ruyterstraat 4-6

Tel: + 31 (0)10 414 12 00

To make an appointment you can call between 10.00 - 17.00

#### Tandartspraktijk Uys

Terbregtseweg 6

Tel: + 31 (0)10 413 28 93

To make an appointment you can call between 10.00 - 16.00 (Mondays-Thursdays) or 9.00 - 13.00 (Saturday).

#### **Physiotherapist**

There is a physiotherapist (Dutch: fysiotherapeut) on the Woudestein campus. To make an appointment for a consultation, you can contact him by phone on: + 31 (0)10 408 18 74. More information: www.fysiotherapiewoudestein.nl (only in Dutch).

#### **Emergencies**

By international standards, the Netherlands is a safe country with low levels of violence and street crime. However, Rotterdam is a large city. As in all large cities, it is important to watch your belongings, both on and off campus.

If you need the police, fire and/or ambulance services in a serious life-threatening situation, call the (European) emergency telephone number: 112. If you need the police in a non-emergency situation, call 0900-8844.

#### Emergency

If you encounter an emergency on one of the campuses, you can also call the numbers listed below.

EUR emergency number	+31 (0)6 40 84 78 82
International Institute of Social Studies	+31 (0)70 426 04 60



## **Shopping, supermarkets and markets**

#### Shopping

Rotterdam is a fabulous shopping city any season of the year. Even on Sundays, when many shops in the Netherlands close their doors for a day off, shopaholics can indulge themselves in Rotterdam. From exclusive to popular, from megastore to small boutique, situated in an arcade or a bustling street, Rotterdam has it all.

#### Supermarkets

The larger supermarkets in Rotterdam are open 7 days a week. Most of them are open until 20.00 every day except Sunday, when they mostly close at 18.00. Albert Heijn supermarkets are considered the best, ALDI and LIDL the cheapest. In addition to groceries, most supermarkets sell stamps, toiletries and mobile phone prepaid.

#### Markets

Weekly open-air markets sell affordable fresh food, flowers and clothing are held on Tuesdays and Saturdays at the Binnenrotte Square in the city centre, and in other locations, such as the Visserijplein in the west of Rotterdam and Afrikaanderplein in the south. A new attraction is the Markthal, near Blaak Station, which is open every day.

## **Rotterdam Pass:** lots of discounts!

There's always plenty to do in Rotterdam and with the Rotterdam Pass you can do many of these things at a lower price, or even for nothing! The price of the standard Rotterdam Pass is €60, but as a student you can get it for just €12.50. More information: www.rotterdampas.nl (only in Dutch).



# Contact / Further information



For questions that do not relate to your study programme, you are welcome to contact the Erasmus Student Service Centre (<a href="www.eur.nl/english/essc">www.eur.nl/english/essc</a>) or the International Office EUR (<a href="www.eur.nl/">www.eur.nl/</a> internationaloffice).

#### **Faculty information**

If you have questions relating to your study programme, please ask the international office of your faculty, as your faculty staff members offer most services.

#### **Erasmus Medical Center**

Tel: +31 (0)10 704 35 24

Email: <u>internationaloffice@erasmusmc.nl</u> <u>www.erasmusmc.nl/internationaloffice</u>

#### **Erasmus School of Economics (ESE)**

Exchange programmes

Tel: +31 (0)10 408 13 80

Email: exchange-students@ese.eur.nl www.eur.nl/ese/studyingabroad/ Master and Pre-Master programmes

Tel: +31 (0)10 408 13 80

Email: master-info@ese.eur.nl (master)
Email: premaster@ese.eur.nl (pre-master)
International Bachelor programmes

Tel: +31 (0)10 408 13 80

Email: internationalbsc@ese.eur.nl

www.eur.nl/ese/english/information\_for/

prospective\_students

## Erasmus School of History, Culture and Communication (ESHCC)

History and Arts & Culture Studies

Tel: +31 (0)10 408 28 74

Email: international@eshcc.eur.nl

Email: exchange.hc@eshcc.eur.nl (exchange)

www.eshcc.eur.nl/english/welcome

Media & Communication Tel: +31 (0)10 408 12 48

Email: <u>ibcom@eshcc.eur.nl</u>

Tel: +31 (0)10 408 22 71 (exchange)

 $Email: \underline{exchange@eshcc.eur.nl} \; (exchange)$ 

www.eshcc.eur.nl/english/welcome

#### Erasmus School of Law (ESL)

Tel: +31 (0)10 408 9764

Email: <u>informationdesk.llm@law.eur.nl</u> (master) Email: <u>internationaloffice@law.eur.nl</u> (exchange)

www.esl.eur.nl

#### Erasmus School of Philosophy

Tel: +31 (0)10 408 89 98 Email: schots@esphil.eur.nl

www.eur.nl/en/esphil/education/exchange

#### Erasmus University College (EUC)

Tel: +31 (0)10 408 90 00 Email: euc@eur.nl (bachelor)

Email: exchange@euc.eur.nl (exchange)

www.eur.nl/euc

### Erasmus School of Social and Behavioural Sciences

International Bachelor in Psychology

Email: <u>bachelor.psy@essb.eur.nl</u>

International Bachelor in Management

of International Social Challenges

Email: bachelor.socialchallenges@essb.eur.nl

International master programmes

Email: master@essb.eur.nl

For information about incoming or outgoing

exchange: exchange@essb.eur.nl

For any practical non-study related questions you can contact our Student Life Officer via studentlifeofficer@essb.eur.nl

www.eur.nl/essb/

## Institute of Health Policy and Management (ESHPM)

Tel: +31 (0)10 408 85 75 Email: esc@eshpm.eur.nl www.eur.nl/eshpm

## Institute for Housing and Urban Development Studies (IHS)

Tel: + 31 (0)10 408 98 25 Email: admission@ihs.nl

www.ihs.nl

#### International Institute of Social Studies (ISS)

Tel: +31 (0)70 426 04 60 Email: studentoffice@iss.nl

www.iss.nl

#### Rotterdam School of Management, Erasmus University (RSM)

Exchange programmes

Tel: +31 (0)10 408 19 84 Email: <a href="mailto:intoffice@rsm.nl">intoffice@rsm.nl</a>

www.rsm.nl/rsm-for-your-exchange/
International Business Administration (IBA)

Tel: +31 (0)10 408 95 91 www.rsm.nl/bsciba





#### **Useful addresses and links**

#### Erasmus University Rotterdam (4 campuses)

Woudestein campus Burgemeester Oudlaan 50 3062 PA Rotterdam Tel: + 31 (0)10 408 11 11 www.eur.nl/english

Erasmus University College Nieuwemarkt 1a 3011 HP Rotterdam Tel: +31 (0)10 408 90 00

www.eur.nl/euc

Erasmus Medical Center Wytsemaweg 80 3015 CN Rotterdam +31 (0)10 704 07 04 www.erasmusmc.nl/?lang=en

International Institute of Social Studies

Kortenaerkade 12 2518 AX The Hague Tel: +31 (0)70 426 04 60 www.iss.nl

#### **Rotterdam and Tourist Information**

City Hall - Stadhuis Coolsingel 40, Rotterdam Tel: 14 010

www.rotterdam.nl/home\_english

Netherlands Board of Tourism www.holland.com

Housing

General information and links to accommodation providers www.housing.eur.nl

Tourist Information – VVV Rotterdam

Coolsingel 195-197 (entrance Binnenwegplein),

Rotterdam

Tel: + 31 (0)10 790 01 85 en.rotterdam.info/visitors

Other organisations: insurance, finances & immigration				
Employee Insurance Agency (UWV) Schiekade 830, Rotterdam Tel: + 31 (0)10 850 22 20 www.werk.nl (only in Dutch)	Tax Office – Belastingdienst Rotterdam Laan op Zuid 45, Rotterdam Tel: 0800 05 43 www.belastingdienst.nl			
Aon Students Insurance www.aonstudentinsurance.com	Immigration and Naturalisation Service (IND) Tel: 0900 123 45 61 www.ind.nl/en			
Dienst Uitvoering Onderwijs Tel: + 31 (0)50 599 77 55 www.duo.nl	Nuffic Kortenaerkade 11, Rotterdam Tel: + 31 (0)70 426 02 60 www.nuffic.nl/en			

Hospitals in Rotterdam	
Centre District	
Erasmus MC 's Gravendijkwal 230, Rotterdam Tel: + 31 (0)10 704 07 04 www.erasmusmc.nl	Havenziekenhuis (also Travel Clinic) Haringvliet 2, Rotterdam Tel: + 31 (0)10 404 33 00 www.havenziekenhuis.nl
Centre/North District	East District
Sint Franciscus Gasthuis Kleiweg 500, Rotterdam Tel: + 31 (0)10 461 61 61 www.sfg.nl	IJssellandziekenhuis Prins Constantijnweg 2, Capelle a/d IJssel Tel: + 31 (0)10 258 50 00 www.ysl.nl
South District	
Maasstad Ziekenhuis Maasstadweg 21, Rotterdam Tel: + 31 (0)10 291 19 11 www.maasstadziekenhuis.nl/en	Ikazia Ziekenhuis Montessoriweg 1, Rotterdam Tel: + 31 (0)10 297 50 00 www.ikazia.nl

Health		
Emergency telephone number: 112	Local police, non-emergency: 0900-8844	
General practitioner's office after working hours and during the weekend		
Emergency General practitioner Huisartsenposten Rijnmond (SFG, IJsselland, R'dam Zuid, Ruwaard, Hellevoetsluis) huisartsenpostenrijnmond.nl	Municipal Public Health Authority GGD Schiedamsedijk 95, Rotterdam Tel: + 31 (0)10 433 99 66 www.ggdrotterdamrijnmond.nl/language/en.html	
Transport		
Dutch Railways	www.ns.nl/en/travellers/home	
Public Transport planner	journeyplanner.9292.nl	
Public Transport Rotterdam	www.ret.nl/?sc_lang=en	
Schiphol airport	www.schiphol.nl/index_en.html	
Schiphol taxi	www.schipholtaxi.info/english/index.html	
Route planner	routenet.nl maps.google.nl	

More information on studying in NL	
Study in Holland	www.studyinholland.nl
Undutchables	www.undutchables.nl
NL Planet	www.nlplanet.com
Expatica	www.expatica.com
Holland Handbook	www.xpat.nl
I am expat in the Netherlands	www.iamexpat.nl

#### Maps

**Erasmus University Rotterdam** 

Woudestein campus



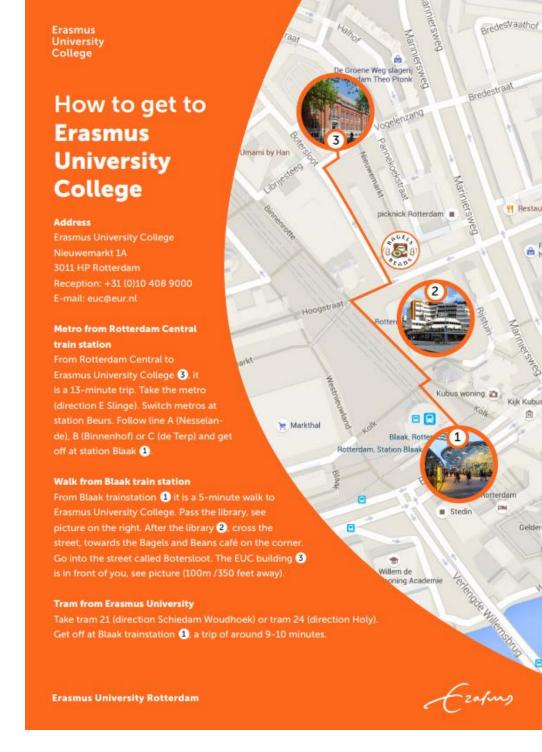
Erasmus University Rotterdam

Erasmus MC campus

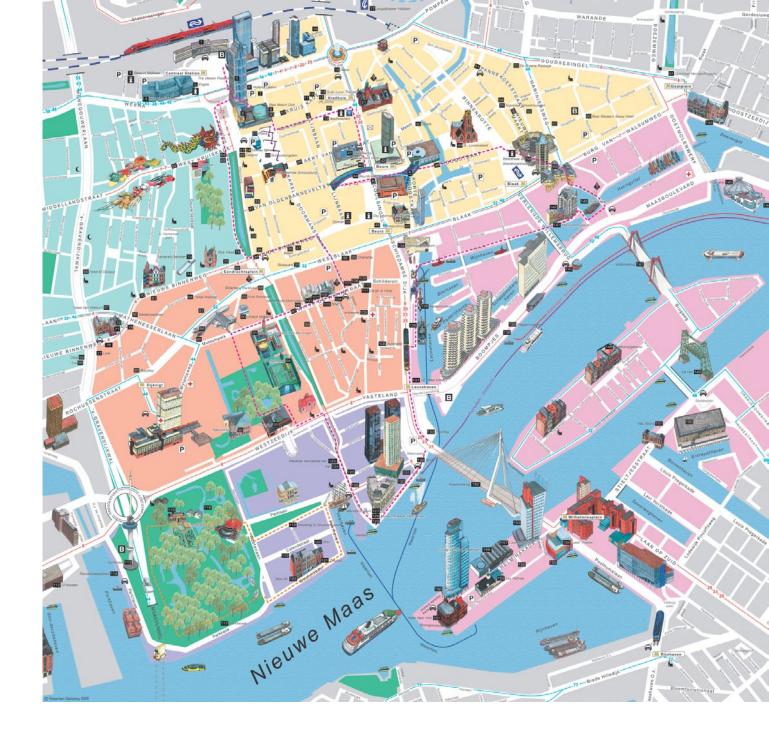


#### Erasmus University Rotterdam

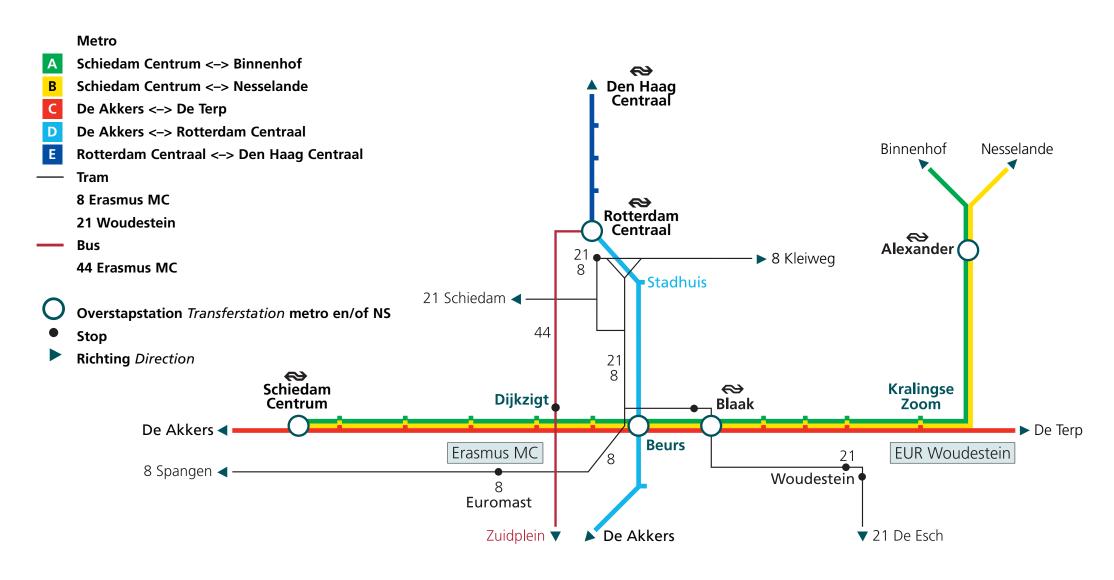
Erasmus University College



#### Rotterdam



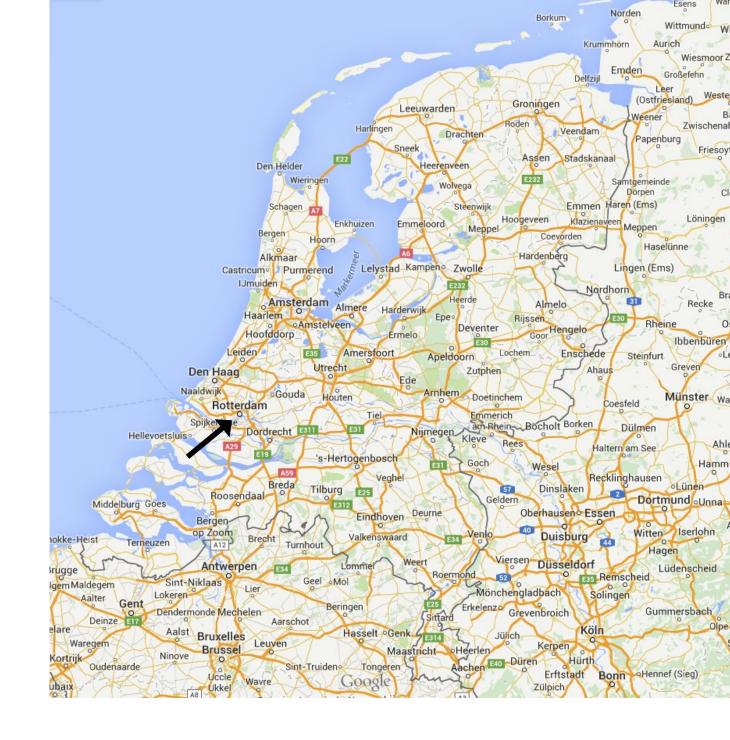
#### Public transport in Rotterdam



### Metro in the Rotterdam area



#### The Netherlands





#### Colophon

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